

You are making a real difference.

Yes – I want to support the research being undertaken at the Centre for Paediatric Allergies

Name: .....

Address: .....

Email: .....

Phone: .....

Amount \$: .....

as a  monthly or  quarterly donation via

Credit card

MasterCard  Visa  Amex  Diners

Card Number:

Expiry:     CVV Number:

Cardholder: .....

Signature: .....

Please return this donation form to:

Epworth Medical Foundation  
89 Bridge Road  
Richmond VIC 3121 Australia  
Phone: 03 9426 6132

## Uncovering the facts of paediatric allergies

### Current key research projects for the Centre for Paediatric Allergies:

- > Examining the rate of accidental adrenaline auto-injector self-injection and developing a unified approach to its management
- > Identifying the rise in nut inhalation in infants following the shift to early introduction of nuts in infant feeding guidelines
- > Examining the accuracy of serum AraH2 (a component of the peanut protein) as a predictor of peanut allergy resolution
- > Investigating the safety and long-term outcomes of oral immunotherapy for milk allergy
- > Determining whether children with fish allergy can safely eat cartilaginous fish and other bony fish
- > Establishing an allergy bio bank in collaboration with the Murdoch Children's Research Institute to assist in the development of new allergy tests to better diagnose allergy and tolerance
- > Determining the rates of jack jumper allergy in Victoria and ensuring all Victorian children have access to newly available immunotherapy.

## Centre for Paediatric Allergies

### Contact us

Epworth Medical Foundation  
89 Bridge Road  
Richmond VIC 3121 Australia  
Phone: 03 9426 6132  
Email: [emfinfo@epworth.org.au](mailto:emfinfo@epworth.org.au)



### About the Centre

The Australian Food Allergy Foundation and Epworth HealthCare share a vision to find and implement new clinical tests and treatments for children with allergies through the Centre for Paediatric Allergies.

Launched in 2018, the Centre offers a dedicated team of clinical researchers, the facilities, equipment and support to undertake world-leading paediatric allergy research.

### What will the Centre mean for patients?

According to the Department of Health and Human Services, about one in 10 infants, one in 20 children up to five years of age, and two in 100 adults have food allergies in Australia.

This is a significant issue and one that both Epworth and the Australian Food Allergy Foundation are committed to supporting.

The Centre's sole purpose is to bring the very best clinical teams together to research new testing and treatment options for children diagnosed with allergies.

The team at the Centre for Paediatric Allergies is working to find better health outcomes for children with allergies.

Multiple research projects run concurrently at the Centre meaning various approaches to allergy tests and treatments are being reviewed and validated at the same time. This provides the best opportunity for clinical breakthroughs to be uncovered.

### How is this Centre different?

This centre is 100% funded by the generosity of donors who share our vision to find better children's allergies tests and treatments.

By having access to the Epworth HealthCare Human Research Ethics Committee (HREC) the Centre's projects are ethically reviewed and governed to ensure the principles, requirements and standards of research are upheld.

Epworth is also a part of the Clinical Trials Australia consortium which provides clinical trials opportunity for oncology and haematology patients to participate in the latest clinical trials and medicines.

### About the Centre team

The dedicated team is headed by Dr Joanne Smart, Founder of Epworth Allergy Specialists, the innovative and state of the art allergy facility where the Centre is based. Dr Smart is ably supported by a group of experienced and passionate nursing and senior medical staff dedicated to providing exceptional clinical care. Research projects are also being conducted with other institutions such as the Children's Hospital at Westmead, James Cook University (Townsville) and the Murdoch Children's Research Institute.

Dr Ainsworth is the inaugural Epworth paediatric allergy/immunology registrar and will co-ordinate a series of research projects in collaboration with Dr Smart, and Dr Sam Mehr, a senior paediatric allergist and immunologist with extensive research expertise.

### About the Australian Food Allergy Foundation

The Australian Food Allergy Foundation was established in 2006 to investigate the growing problem of food allergy and anaphylaxis. More than ten years later, the Foundation has grown to become Australia's leading advocate for food allergy and anaphylaxis research.

Since 2006, the Australian Food Allergy Foundation have raised more than \$2 million to enable scientists and researchers to make a real difference. Our vision is that all people can lead safe, healthy lives without the fear of a food-related medical emergency.

We are dedicated to improving the lives of people with anaphylaxis and food allergies by raising funds to support Australian scientific research, and educating and informing Australians on how to care for a person with a medically diagnosed condition.

### About Epworth HealthCare

Epworth HealthCare is Victoria's largest not-for-profit hospital group and one of the largest in Australia.

With nine sites in Metropolitan Melbourne and in Victoria's South West, Epworth is recognised for providing excellence in diagnosis, treatment, care and rehabilitation.

Providing care in 40 specialties, Epworth is an innovator in Australia's health system, embracing the latest in evidence-based medicine to pioneer treatments and services for our patients.

Would you like to support the work of the Centre for Paediatric Allergies?

Without the ongoing support and belief of our supporters, the Centre will not be able to continue the life changing research being performed today.

This Centre is 100% donor funded.

You can be assured that every dollar raised goes to the Centre and the incredible research performed by our team.

**Thank you for joining us on this fight to improve the outcomes of children with allergies.**

